



# KIMBERLEY

BC • CANADA

## RETURN TO PLAY 2020

### Facility Protocols & Scheduling:

- Arrive no more than 15 minutes prior to your scheduled ice time.
- Late arrivals will not be permitted in the building, as the door will be locked.
- Do not enter the Arena until permitted by staff and coaches and ensure you enter through the proper door.
- Each user group **MUST** have a designated communications officer who will check-in / take attendance and assist with possible contact tracing.
- Enter the building fully dressed
- Do not enter through the front entrance and do not use the mezzanine level.
- Designated drop-off and pick-up areas will be located on the Mark Creek side (West) of the Civic Centre
- Coaches are to follow all Hockey Canada, BC Hockey, Skate Canada, Skate BC, Speed Skate Canada or Speed Skate BC regulations regarding equipment.
- Helmets and gloves are to be worn at all times with chinstraps attached.
- Every athlete must have his or her own filled water bottle prior to arriving. (No sharing)
- **SPITTING IS STRICTLY PROHIBITED AND WILL RESULT IN LOSS OF ICE PRIVLEDGES**
- There will be no group gatherings on the ice at any time without proper Physical Distancing. This includes the instruction of drills. Physical Distancing is always in effect and is equal to the length of an adult hockey stick.
- Shooting, passing and skating drills are permitted. No “battle” or “compete” drills will be allowed.
- All coaches or instructors must be educated regarding illness prevention measures and Covid-19 protocols.
- The Multi-Purpose room located on the lower level of the Civic Centre will be used as a designated isolation room.



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- At the conclusion of your ice time players must go to the designated area, remove their skates, gather personal belongings and immediately leave the Arena. **DO NOT UNDRESS AT THE ARENA.**
- Players, parents and coaches will not be permitted to congregate after the conclusion of their ice session and must leave immediately.
- Anyone who is not feeling well, or displaying symptoms of Covid-19 must stay home and not enter the Civic Centre under any circumstances.

Note: Physical gatherings of any size are not permitted in the parking-lot area. Consuming alcoholic beverages in the parking lot and tailgating is prohibited as per the City of Kimberley and BC Hockey bylaws.

Your cooperation and compliance with the above protocols is very much appreciated and will help ensure that we avoid any bottlenecking of people and occurrences where physical distancing becomes more challenging.

The program schedule will be communicated directly by email. If you have questions about the schedule, please email [Operations@Kimberley.ca](mailto:Operations@Kimberley.ca) prior to arriving so we can assist you

### MISSION:

The health, safety and welfare of all skaters, players, coaches, officials, volunteers, parents and facility staff is the highest priority in the successful Return To Play, while balancing the needs of all individuals within the Kimberley Civic Centre.



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	Stricest Controls Prior to May 19, 2020	Transition Measures Approx. May 19th to Sept	Progressively Loosen Future date TBC	New Normal Future date TBC
Restrictions in Place	<ul style="list-style-type: none"> <li>Maintain Physical Distance (2m)</li> <li>No non-essential travel</li> </ul>	<ul style="list-style-type: none"> <li>Maintain Physical Distance (2m)</li> <li>No non-essential travel</li> <li>No group gatherings over 50 people</li> </ul>	Refer to PHO and local health authorities	Refer to PHO and local health authorities
Enhanced Protocols	Increased hand hygiene	<ul style="list-style-type: none"> <li>Increased hand hygiene</li> <li>Symptom Screening in place</li> </ul>	Increased hand hygiene	Increased hand hygiene
Facility	<ul style="list-style-type: none"> <li>Outdoor or within home</li> <li>Facilities and playgrounds closed</li> </ul>	<ul style="list-style-type: none"> <li>Outdoor is safest</li> <li>Indoor facilities slowly re-opening</li> </ul>	Outdoor/Indoor	Outdoor/Indoor
Participants	Individual activities	<ul style="list-style-type: none"> <li>Small Groups</li> <li>No or limited spectators</li> </ul>	<ul style="list-style-type: none"> <li>Groups sizes may increase</li> <li>Limited spectators</li> </ul>	<ul style="list-style-type: none"> <li>Large groups allowed</li> <li>No restrictions on spectators</li> </ul>
Non-contact Activities	<ul style="list-style-type: none"> <li>Low risk outdoor activities can occur (biking, running, etc).</li> <li>Virtual activities</li> </ul>	<ul style="list-style-type: none"> <li>Fundamental movement skills</li> <li>Modified training activities, drills</li> </ul>	Expansion of training activities	No restrictions on activity type
Contact Activities	Should not occur	<ul style="list-style-type: none"> <li>Should not occur</li> <li>Contact sports should look for non-contact alternatives to training</li> </ul>	Introduction to pair or small group contact skills	No restrictions on activity type
Competition*	Should not occur	In club play or modified games may slowly be introduced	Interclub or regional game play may be considered	Provincial competitions and larger scale events may return
Equipment	No shared equipment	<ul style="list-style-type: none"> <li>Minimal shared equipment</li> <li>Disinfect any shared equipment before, during and after use</li> </ul>	<ul style="list-style-type: none"> <li>Some shared equipment</li> <li>Enhanced cleaning protocols in place</li> </ul>	Shared equipment

jurisdiction they are located in. This means that all members and registrants must follow the precautions outlined by their provincial and municipal governments and their local venue operators.

### SPEED SKATE CANADA:

Since the start of the outbreak, SSC has reacted proactively and appropriately while following the most current advice of public health authorities, as well as Canadian sport system partners. To date, we have made several operational decisions to help minimize the effects of COVID-19 on our athletes and staff. SSC will continue to update our membership and the greater speed skating community as more information becomes available and decisions are made accordingly.



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Safety guidelines are now available via the links below from the Government of British Columbia, viaSport (on behalf of the BC Sport Sector) and Hockey Canada. These resources are meant to provide an introduction on how to prepare your Minor Hockey Association or League for a safe return to hockey.

The Safety Protocols produced by Hockey Canada are this first of many resources to be released, with additional guidelines in the following areas of focus: *Customer Engagement, Regulations, Officiating, Coaching, Seasonal Structure, Delivery Model, Registration, Events, High Performance Hockey, National Teams and Marketing & Communications.*

Next step(s) for BC Hockey members should be focused upon reviewing and applying these resources to their own association or league return to hockey plan that best prepares their particular participants and complies to expectations.



	Strictest Controls <i>(Prior to May 19, 2020)</i>	Transition Measures <i>(Approx. May 19th to June)</i>	Progressively Loosen <i>(Prior to July 1st)</i>	New Normal <i>(Prior to July 1st)</i>
Restrictions in Place	<ul style="list-style-type: none"> <li>Maintain Physical Distance (2m)</li> <li>No non-essential travel</li> </ul>	<ul style="list-style-type: none"> <li>Maintain Physical Distance (2m)</li> <li>No non-essential travel</li> <li>No group gatherings over 50 people</li> </ul>	Refer to PHD and local health authorities	Refer to PHD and local health authorities
Environmental Protocols	Increased hand hygiene	<ul style="list-style-type: none"> <li>Increased hand hygiene</li> <li>Symptom screening in place</li> </ul>	Increased hand hygiene	Increased hand hygiene
Facility	<ul style="list-style-type: none"> <li>Outdoor or within home</li> <li>Facilities and playgrounds closed</li> </ul>	<ul style="list-style-type: none"> <li>Outdoor is safest</li> <li>Indoor facilities slowly re-opening</li> </ul>	Outdoor/Indoor	Outdoor/Indoor
Participants	Individual activities	<ul style="list-style-type: none"> <li>Small Groups</li> <li>No or limited spectators</li> </ul>	<ul style="list-style-type: none"> <li>Groups sizes may increase</li> <li>Limited spectators</li> </ul>	<ul style="list-style-type: none"> <li>Large groups allowed</li> <li>No restrictions on spectators</li> </ul>
Non-contact Activities	<ul style="list-style-type: none"> <li>Low risk outdoor activities can occur (walking, running, etc.)</li> <li>Virtual activities</li> </ul>	<ul style="list-style-type: none"> <li>Fundamental movement skills</li> <li>Modified training activities, drills</li> </ul>	Expansion of training activities	No restrictions on activity type
Contact Activities	Should not occur	<ul style="list-style-type: none"> <li>Should not occur</li> <li>CONTACT sports should look for non-contact alternatives to training</li> </ul>	Introduction to pair or small group contact drills	No restrictions on activity type
Competition	Should not occur	In club play or modified games may slowly be introduced	Interclub or regional game play may be considered	Provincial competitions and larger scale events may return
Equipment	No shared equipment	<ul style="list-style-type: none"> <li>Minimal shared equipment</li> <li>Disinfect any shared equipment before, during and after use</li> </ul>	Some shared equipment	Shared equipment

### Checklist to Success

- Review & Follow**
  - Provincial/territorial health authority guidelines
  - Local health authority guidelines
  - Hockey Canada Member guidelines
- Plan**
  - Assign someone to monitor updates
  - Meet with your facility
  - Team staff clarifies responsibilities specific to practices
  - Arrival at facility organized to meet guidelines
  - Hygiene requirements
  - Physical distancing in the facility
  - Guidelines around dressing rooms and showers
  - Physical distancing during on-ice sessions
  - Requirements for parents/guardians at the facility
  - Departure from facility organized to meet guidelines
  - Procedure if participant is sick
- Meet with Parents/Guardians/Participants**
  - Overview of what to expect
  - Safety steps put in place
  - Their role in creating a safe and healthy environment
- At the Facility**
  - Practice physical distancing
  - Practice responsible hygiene
  - Follow public health authority guidelines
  - Follow Member and facility guidelines
  - Have fun!

<b>Personal Hygiene:</b> <ul style="list-style-type: none"> <li>Frequent handwashing</li> <li>Cough into your sleeve</li> <li>Wear a non-medical mask</li> <li>No handshaking</li> </ul>	<b>Stay Home if You Are Sick:</b> <ul style="list-style-type: none"> <li>Routine daily screening</li> <li>Anyone with any symptoms must stay away from others</li> <li>Returning travellers must self-isolate</li> </ul>	<b>Environmental Hygiene:</b> <ul style="list-style-type: none"> <li>More frequent cleaning</li> <li>Enhance surface sanitation in high touch areas</li> <li>Touch-less technology</li> </ul>	<b>Safe Social Interactions:</b> <ul style="list-style-type: none"> <li>Meet with small numbers of people</li> <li>Maintain distance between you and people</li> <li>Size of room: the bigger the better</li> <li>Outdoor over indoor</li> </ul>	<b>Physical Modifications:</b> <ul style="list-style-type: none"> <li>Spacing within rooms or in transit</li> <li>Room design</li> <li>Plexiglass barriers</li> <li>Movement of people within spaces</li> </ul>
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### COVID-19 BEST PRACTICES

WEAR A MASH WHEN IN PUBLIC & IT IS DIFFICULT TO MAINTAIN PHYSICAL DISTANCING OF AT LEAST 2M



WASH YOUR HANDS FREQUENTLY

CARRY HAND SANITIZER WITH YOU AT ALL TIMES



HAVE ADDITIONAL MASHS ON HAND (IN CASE THE MASH YOU ARE CURRENTLY WEARING IS COMPROMISED)

AVOID TOUCHING YOUR FACE



IF YOU FEEL UNWELL, STAY HOME AND CONSULT A DOCTOR

- SMALLER IS BETTER THAN BIGGER
- OUTSIDE IS BETTER THAN INSIDE

- A MASH IS BETTER THAN NO MASH
- FURTHER APART IS BETTER THAN CLOSER